

# Simple Kaftan - Instructions

- Measure from the nape of your neck down to the desired length: purchase twice this amount plus 60cm of 45" wide fabric.
- Cut the fabric into two equal lengths, using the measurement from above.
- Reduce the width of both pieces to 35".
- From the excess cut-away material, cut two rectangles, each measuring 4" wide x 12" long. Fold each in half lengthwise, right sides together, press to crease the folded edge. Sew one short edge and the long edge. Turn and press. Set these aside to be used on the neckline
- Choose one length of fabric to be the front of the kaftan. Spread it on the floor or tabletop, right side up, mark and cut the front neck opening as follows:
  - Place a pin in the center top edge of the fabric.
  - Measure down 8" and mark with a pin.
  - Along the top edge, place pins 6" to either side of the center pin.
  - Place pins 2" to either side of the bottom pin.
  - Cut out the neck opening. Refer to the diagram.
- Take the two folded rectangles and pin them to the neck opening, aligning the raw edges. (There will be some excess at the top and bottom). Stitch with a 1cm seam allowance.
- Gather or pleat the excess fabric along the bottom of the neck opening.
- Turn the rectangles toward the center and overlap the bottom edges. Pin to the gathered edge of the neckline. Stitch.
- Trim away excess fabric from the rectangles along the top and bottom of the neckline.

- Place the front of the caftan together with the back, right sides together. Stitch along the top.
- Stitch the sides, leaving a 10" opening on either side for the arms.
- Measure from shoulder to wrist. On a large piece of paper. Draw a line 20". From the center of that line, using the measurement you just made, mark a point perpendicular to the previous line. At either side of this point mark 5" either side. Join all the dots up and cut out.
- Use the pattern from above and cut out two sleeves.
- Hem the sleeves, then folding lengthwise sew the underarm seam. Insert the sleeve into the kaftan.
- To finish the kaftan, hem the bottom and the back neck opening.

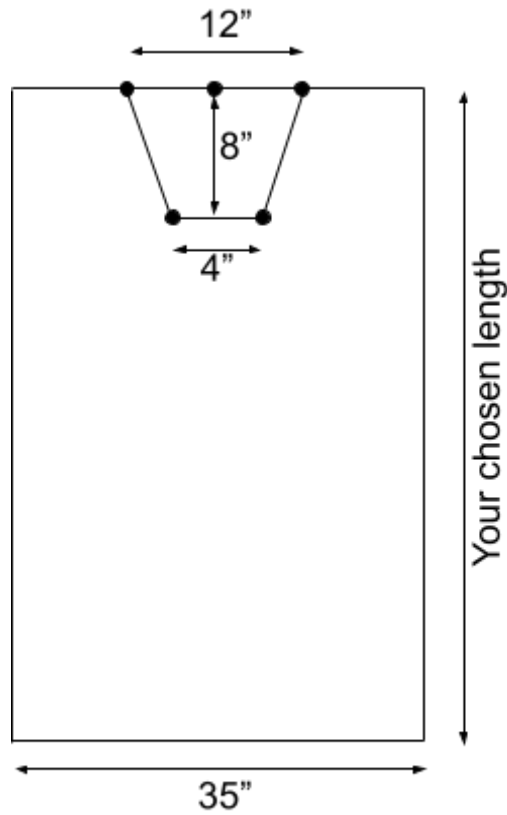
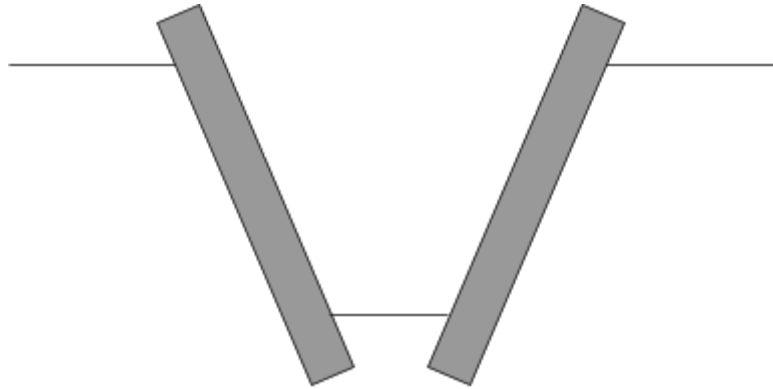
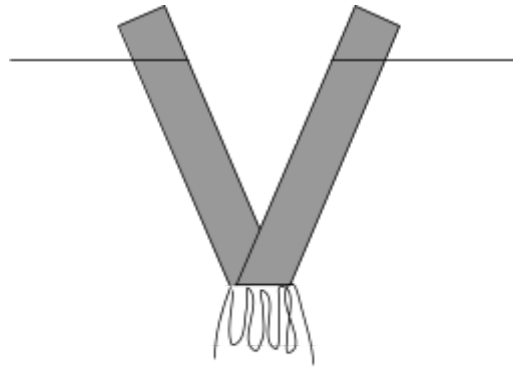


Diagram not to scale



Pin rectangles to neck opening.  
Aligning raw edges. Stitch.



Pleat or gather excess fabric at  
bottom of neck opening. Stitch  
to overlapped rectangles.

Sleeve

20"

